CITY OF CRESTWOOD

When: Saturday, August 23 @ 8 a.m.
Where: The Aquatic Center at Whitecliff Park in Crestwood Missouri (next door to Grant's Farm)
Age Groups: 5-6, 7-8, 9-10 and 11-12
Awards: For the first 80 or 90 finishers or until we run out of kids!
Registration: $15 for Crestwood Residents
$18 for all others
$24 between August 1 and August 18, 2008.
There will be no race day registration.
Forms can be dropped off or mailed to Crestwood Community Center, 9245 Whitecliff Park Lane, Crestwood, MO, 63126
Packets: May be picked up at the Crestwood Community Center from noon to 8 p.m. on Friday, August 22, or at the Crestwood Aquatic Center (next to the Community Center) from 6:30 to 7:45 a.m. on race day.
Course: The swim will be 25 yards for the two youngest groups and 75 yards for the two oldest age groups and will be held at the Aquatic Center Competition Pool.
The bike leg will take place on residential streets adjacent to Whitecliff Park and will be 1 mile for the two youngest groups and 2 miles for the two oldest age groups.
The run leg will be ½ mile for the two youngest groups and 1 mile for the two oldest age groups and will be on the sidewalks and fields in Whitecliff Park.
The transition area will be in the circle drive at the front of the Aquatic Center.
Safety: Non-swimmers may complete the swim with the aid of an approved floatation device. No training wheels, tricycles or scooters are allowed. All participants must wear a CPSC approved helmet while on the bike. All bikes should have a safety inspection prior to the morning of the event.
Timing: Total time will be kept with no splits.
After: The competition pool will be open for participants and their sibling's enjoyment while the times are being tabulated. Refreshments will be available and attendance prizes will be drawn for.
Volunteers: Your assistance is needed! Please contact Todd @ 314-729-4860 to help. Volunteers will receive 2 free admissions to the Aquatic Center for their help. Course marshals, timers, refreshment servers as well as set-up/clean-up help is required.
Sponsors: City of Crestwood, Sunset Cyclery, Lubeley's Bakery, VitaminWater, DogFish Screen Printing
Rain Date: Saturday, August 25

Entry Form (Mail to the Crestwood Community Center, 9245 Whitecliff Park Lane, Crestwood, MO, 63126)

Child's Name _____ Age on Aug. 23, 2008 _____ Sex M F
Last First

Address _____ City _____ State _____ Zip _____

Home Phone _____ Work/Cel Phone _____ Shirt Size Youth L Adult S Adult M

Fee Enclosed $_____ Cash Check (payable to City of Crestwood)

AGREEMENT TO RELEASE AND HOLD THE CITY OF CRESTWOOD HARMLESS
In consideration of the City's permitting my participation in the Program(s) specified above, I agree as follows:
I, for myself and my personal representatives, release and discharge the City of Crestwood, its agents, officers and employees, from all claims for personal injury, damage or loss of property, liability or expense, including attorney's fees, arising out of my participation in the above Program(s) not withstanding any claim of fault or negligence (whether sole, concurrent or otherwise) on the part of the City, its agents, officers or employees.
I, for myself and my personal representatives, agree to defend, indemnify and hold the City of Crestwood, its agents, officers and employees, harmless against all claims which may be asserted by others for personal injury, damage or loss to property, liability or expense, including attorney's fees, occasioned by any of my acts or omissions not withstanding any claim of fault or negligence (whether sole, concurrent or otherwise) on the part of the City, its agents, officers or employees.
I do hereby grant and give the City of Crestwood the right to use my or my child's photograph or image for any publications or promotions of the activities or facilities of the City of Crestwood.

_____ _____
Signature of Participant (If under 18, Parent or Legal Guardian) Date